

2025 — 2026

# INTEGRATED MASTER'S DEGREE IN MEDICINE



**EDUCATION  
FOR THE  
FUTURE**

SINCE 1977



**NOVA** MEDICAL  
SCHOOL

# EDUCATION FOR THE FUTURE



## THE SCHOOL

With over 45 years of existence, NOVA Medical School (NMS) is one of the organic units of NOVA University of Lisbon, dedicated to education and research in medical sciences and nutrition.

To achieve its mission for a better health future, NMS is based on three strategic pillars.

**Education**, by promoting cutting-edge and pedagogical innovation. By adapting curricula, students are prepared for the demands of increasingly complex healthcare systems. NMS is also committed to early professional contact, allowing students to solidify their knowledge and skills in a real-world context.

With a network of more than 25 healthcare units, it offers a unique educational experience, where each student is prepared to transform the reality of healthcare.

**Research**, as the driving force behind evolution and creation of knowledge in the health sciences. With an Interdisciplinary Research Center involved in national and international projects, NMS is geared towards discovering and solving problems that affect - or will affect - society.

**Community**, through initiatives that bring our academic community and the general public together. NMS offers a wide range of health consultations and complementary exams, helping to improve the state of health and quality of life of the entire community.

A Medical School that graduates doctors and nutritionists, but above all, seeks to graduate complete citizens.

**Together for the future of health!**



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## NATIONAL AND INTERNATIONAL RECOGNITION FOR ITS RESEARCH EXCELLENCE

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### RESEARCH AT NOVA MEDICAL SCHOOL

NOVA Medical School develops translational research of excellence focused on transforming scientific discoveries into practical applications that can answer today's health challenges. This approach allows us to bridge the gap between the laboratory and clinical practice, ensuring that new diagnostic and treatment tools as well as prevention strategies are developed and implemented effectively in the community. A diverse and multidisciplinary environment that brings together a variety of specialists, including clinical and biomedical researchers, nutritionists and clinicians, and which relies on the collaboration of patients, guarantees the success of the research results. A rich combination of perspectives that promotes a dynamic and innovative research ecosystem and drives progress from the identification of health needs to the development of viable solutions. This not only ensures that new treatments reach patients faster, but also improves the overall standard of care, ultimately increasing the health and well-being of the population.

### NOVA UNIVERSITY OF LISBON

NOVA University of Lisbon features prominently in the main international rankings.

These results reflect NOVA's work as a university with excellent education, capable of ensuring high levels of professional success for its students.

## FORMING PIONEERS THROUGH TECHNOLOGY

This is our School and our contribution to transforming the health of the future!



### 1ST AND 2ND CYCLES

With a total of 360 credits and 12 semesters of work, the Integrated Master's Degree in Medicine incorporates two complementary training cycles:

- |  |  |
|--|--|
| <b>1st cycle</b><br><b>6 semesters</b> | <b>180 ECTS   5040 h</b><br>The first cycle of studies is designed to complete 180 ECTS, spread over the six curricular semesters, totaling 5040 hours of student work.                    |
| <b>2nd cycle</b><br><b>6 semesters</b> | <b>180 ECTS   5040 h</b><br>The second cycle of studies is designed to complete the remaining 180 ECTS, equally spread over six curricular semesters, totaling 5040 hours of student work. |

### MOBILITY PROGRAMS

- |                                   |                            |
|-----------------------------------|----------------------------|
| Erasmus + Studies                 | AULP                       |
| Erasmus+ Traineeships             | IFMSA exchanges*           |
| Free Mover Cooperation Agreements | ANEM National Internships* |
| Almeida Garrett                   | *managed by AENMS          |

### OBJECTIVES

At the end of the study program, the student should have acquired the skills essential to the professional practice of medicine, such as:

- Collecting data in the various clinical situations;
- Developing clinical reasoning in order to formulate provisional and definitive diagnosis;
- Making clinical decisions;
- Developing and deepening autonomy skills to enable careful selection of lifelong learning paths;
- Developing skills in the field of clinical research, particularly in formulating and carrying out studies and communicating results to the scientific community and the general public.

### CAREER OPPORTUNITIES

The main career paths for NMS graduates are clinical (hospital, general and family medicine), public health, forensic and occupational medicine, but they can also go into research and education.



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## STUDENTS TESTIMONIALS



**For me, NMS was already one of my first choices...**

because of several advantages, such as the possibility of interning in several hospitals, starting in the 3rd year and the tutor-student ratio. But what really made the difference was the atmosphere, which I could feel at the Open Day: I felt that the people were really welcoming and always willing to help. If I had to apply again, I would definitely choose NOVA. When I joined NOVA, I was already sure of my decision, the tutor-student ratio, the internships in different hospitals and the atmosphere among the students had already convinced me.

After entering, I ended up being positively surprised, as I discovered that not only did the school invest a lot in research, a branch of Medicine that interests me and is increasingly relevant today, but there were also lots of projects in which I could participate, and from which I already have incredible memories.

**JOÃO OLIVEIRA**  
3rd year student



**The choice of NOVA to come and study medicine was, at first, something without 100% certainty.**

However, as I began my journey through this school, I realized I had made the right choice. From day one, this school has been the best place to study the degree I love so much. During the two years I've experienced, I can say without a doubt that this is the faculty that graduates excellent doctors, both in terms of knowledge and practice, and personal development. This is the place where you'll learn the most fascinating facts while having all the support you need from your colleagues and professors. This is the place to thrive both academically, for the excellence of teaching, and personally, with all the projects you can get involved in and wonderful friends that will be a part of your story. If you come to this faculty, one thing is certain: you'll be the doctors who don't just know about medicine!

**MARIA ESTRELO**  
3rd year student

- Degree or Diploma**  
Master in Medicine
- Number of ECTS credits necessary to obtain the degree or diploma**  
180 credits required to obtain the Degree of Bachelor in Basic Health Sciences  
360 credits required to obtain the Degree of Master in Medicine
- Duration**  
12 semesters
- Operating regime**  
Daytime/On-site
- Language**  
Portuguese
- Prerequisite**  
Group A - Interpersonal Communication (Medical Certificate)

- NATIONAL CALL:**
- Specific Entrance Exams**  
Biology and Geology  
Physics and Chemistry  
Mathematics A
  - Minimum Application Grade**  
Application grade: 150  
Entrance exams: 140 points in each exam
  - Calculation formula**  
Secondary School average: 50%  
Entrance exams: 50%
  - Number of vacancies**  
2024/25 - 231
  - Last place in the national entrance**  
2024/25 - 179.3

**CURRICULUM PLAN**

1ST YEAR		
COURSE UNIT	TYPE	ECTS
Anatomy 1	1st S	9
Cellular and Molecular Biology	1st S	8
Physiology 1	1st S	8
Basic Life Support	1st S	1
Introduction to Medicine	1st S	3
Histology and Embryology	2nd S	7
Anatomy 2	2nd S	7
Nutritional Biochemistry	2nd S	10
Physiology 2	2nd S	7

2ND YEAR		
COURSE UNIT	TYPE	ECTS
Genetics	1st S	5
Pathological Anatomy 1	1st S	6
Pharmacology 1	1st S	6
Physiopathology 1	1st S	5
Principles of Neuroscience	1st S	7
Pathological Anatomy 2	2nd S	6
Physiopathology 2	2nd S	6
Introduction to Clinical Practice	2nd S	11
Pharmacology 2	2nd S	5
Basic Microbiology	2nd S	3

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3RD YEAR		
COURSE UNIT	TYPE	ECTS
Infection: from laboratory to the clinic	S	5
Immunology	S	4
General Surgery	S	14
Ethics, Medicine and Society	1st S	3
Public Health and Epidemiology	S	4
Biostatistics	S	4
Internal Medicine	S	14
Laboratory Medicine	S	4
Medical Imaging	2nd S	5
Optional*	2nd S	3

5TH YEAR		
COURSE UNIT	TYPE	ECTS
Molecular Mechanisms of Disease	S	3
Psychiatry	S	8
General and Family Medicine	S	8
Medical Therapeutics	1st S	3
Pediatrics	S	8
Patient with Cancer	S	6
Medical Specialties 2	S	12
Medical Specialties 3	S	9
Optional*	2nd S	3

4TH YEAR		
COURSE UNIT	TYPE	ECTS
Motor Apparatus	S	7
Medical Specialties 1	S	8
Heart and Lung	S	8
Surgical Specialties	S	7
Gynecology and Obstetrics	S	8
Introduction to Pediatrics and Health in Adolescence	S	8
Sepsis and Severe Infection	S	3.5
The Elderly Patient	S	3.5
Medical Psychology	1st S	4
Optional*	2nd S	3

6TH YEAR		
COURSE UNIT	TYPE	ECTS
Preparation for Clinical Practice	S	3
Professional Internship	S	54
Mental Health (Component Internship)**	S	
Surgery (Component Internship)**	S	
Gynecology and Obstetrics (Component Internship)**	S	
Medicine (Component Internship)**	S	
General and Family Medicine (Component Internship)**	S	
Pediatrics (Component Internship)**	S	
Final Internship Report**	2nd S	12
Optional*	2nd S	3

S - Semester Curricular Unit that takes place on a rotation basis  
 \*Optional Curricular Units - Published annually  
 \*\*Components of the Professional Internship Curricular Unit

## DISCOVER THE PATH TO YOUR FUTURE

### HOW TO GET HERE?

#### CONTACTS

#### Admissions | Special Selection Competitions in Medicine and Nutritional Sciences

E-mail: [admissions@nms.unl.pt](mailto:admissions@nms.unl.pt)

Tel.: +351 210 529 766

#### Office hours:

Monday to Friday

9.30 a.m. - 1 p.m. / 2 p.m. - 4 p.m.

#### Address:

Academic Service

NOVA Medical School

Campo dos Mártires da Pátria, 130

1169-056 Lisboa - Portugal



NOVA Medical School is located in Colina de Santana, a central and historic location in Lisbon, with several means of transportation available

#### Bus

730 Picheleira (Qta. Lavrado) — Picoas

723 Desterro — Algés

767 Campo Mártires da Pátria — Estação Damaia

760 Gomes Freire — Príncipe Real

#### Lavra Funicular

Largo da Anunciada — Travessa do Forno / Torel

#### Metro

Stations: Avenida (Blue Line) | Martim Moniz (Green Line)



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Campo dos Mártires da Pátria, 130  
1169-056 Lisboa

[www.nms.unl.pt/en-us](http://www.nms.unl.pt/en-us)

